

**INFANT MENTAL HEALTH:  
RELATIONSHIP-BASED ASSESSMENTS AND CHILD PARENT PSYCHOTHERAPY**

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**Day One**

- 1.5 hours      Relationship based assessments
  - a. Infant Mental Health and the importance of the relationship
  - b. How to carry out relationship based assessments
  - c. Videotape illustrations and discussion
- 1.25 hours    Observational rating scales for relationship based assessments
- 1.5 hours      Introduction to Child-Parent Psychotherapy
  - a. Emotional Availability
  - b. Speaking for Baby
- 1.25 hours    Continuation of Child-Parent Psychotherapy

## **Day Two**

- 1.5 hours Video illustrations of child-parent psychotherapy and discussion
- 1.25 hours Discussion of child parent psychotherapy – “Ghosts and Angels”
- 1.5 hours How to write up cases for court
- 1.25 hours Reflective supervision with Child Parent Psychotherapy

### Learning Objectives:

1. Participants will learn about general concepts and definitions of infant mental health
2. Participants will learn about relationship based assessment, intervention, and treatment strategies that are effective to help abused and neglected children and their caregivers
3. Learning about the importance of reflective supervision for clinical infant mental health work
4. Participants will learn about infant mental health prevention and intervention programs, including the Miami Court Team and the Zero to Three Court Teams Program, addressing young children’s exposure to trauma and collaboration with juvenile court